



**Rotary Action Group for
Reproductive, Maternal
and Child Health**

Adolescent Health and Sexual Behavior in South East District Delhi

National Health Mission of the Government of India in 2014 began implementing the Rashtriya Kishore Swasthya Karyakram (RKSK - the National Adolescent Health Program) in selected districts of the country. According to the Government, “Adolescents lack access to information on issues affecting their lives and limited spaces to develop competencies crucial for active participation in society.”

Objectives of this project are to:

- Educate 1200 adolescent girls with comprehensive sexuality education
- Empower adolescents with the knowledge and skills they need to make informed decisions about their sexual and reproductive health as they transit into adulthood
- Improve knowledge and awareness of adolescent girls about:
 - (a) how to prevent anemia, and sexually transmitted infections and
 - (b) delay unintended pregnancies



This project is being undertaken in the urban settlement of Madanpur Khader (MPK) in Delhi by the NGO Agragami. It is a low-income area with a population of 125000 people.

The project is being undertaken in collaboration with Rotary Club of Capitol Hill (Washington, DC) and Rotary Club of New Delhi One (India) and implemented by the NGO Agragami. It is funded by Rotary Club of Washington, D.C. and District 7620.



Key Accomplishments to date:

1. Recruitment of Project Team:

A dedicated team of three trainers has been recruited for this program by Agragami.

2. Enumeration and identification of adolescent girls 15-19:

The project team visited all households in the intervention area to prepare a list of all adolescent girls aged 15-19 with some basic information on their marital status, education, and whether they are going to school.

3. Adolescent Girls Trained:

The project team trained 1217 adolescent girls between the ages of 15 to 19 and included 78 girls who are school drop outs.

4. Assessment of Learning:

To 25% of the participants attending from October to December 2024 pre and post-training tests were administered to measure what they had learned from the training. The figures in Table 1 represent the percentage of total questions that were answered “right”, “wrong”, “don’t know” and “no response”. Please note that there is an increase in the percentage of right answers in the post-test when compared to the pre-test, and the corresponding reduction in wrong and “don’t know” answers.



Time of test	% right answers	% wrong answers	% “Don't know”	% no answers	Number of Participants
Pre Test	34.84	16.14	28.14	20.88	51
Post Test	99.00	01.00	00.00	0.00	48

Table 1: Results of pre and post-training tests administered to 25% of the 15 – 19-year-old girls who participated in this training program

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